



INSTITUTE OF COACHING

McLEAN HOSPITAL, HARVARD MEDICAL SCHOOL AFFILIATE

Research Project Grants

You are invited to apply for this grant if you would like to conduct empirical research in coaching and are seeking funds to support your project. We offer research project grants of up to \$40,000 per project normally for 18 months. On rare occasions additional funding and time could be considered. We welcome research proposals which advance the science, profession and practice of coaching, employing quantitative, qualitative, or mixed research methods.

Full grant application deadlines are: February 1, May 1, August 1, and November 1.

Note: Only approved pre-proposals may proceed to the full grant application. If your pre-proposal has been approved:

1. Log into your account on our Slideroom online [grant submission portal](#).
2. Fill out the form.
3. Upload your 10 page full proposal, budget and supporting documents as PDFs.
4. Click Submit.

Research Project Grant Application Form Questions to be Answered

A. ABSTRACT Please summarize your proposed project. (Limit 300 words.)

B. PURPOSE OF RESEARCH AND RELEVANCE TO COACHING: Clearly indicate what is new and unique about the proposed research and how the expected findings will advance the coaching literature on this topic. Discuss the practical implications of the proposed research. Explain how your findings will change or affect coaching practice.

C. LITERATURE REVIEW: Thoroughly describe and summarize the relevant existing research including the theoretical framework underlying your research question(s). Evaluate the literature and identify gaps, inconsistencies, relationships, or contradictions that support the need for your research project.

D. RESEARCH QUESTION(S): List your research question(s). For quantitative projects please state your hypotheses.

E. METHODOLOGY AND ANALYSES: Describe the quantitative and/or qualitative methods and analyses you will use for this project. Provide a description of and rationale for the (a) target population, anticipated sample size and sampling procedures; (b) data collection procedure, including reliability, reference to instruments to be used, and/or or describe the procedures that will be used to develop the measures; and (c) analytical techniques to be used. If your methodology includes a coaching intervention, please include specific information on what the intervention involves.

F. REFERENCES: Include your list of references.

G. TIME LINE: Detail the time schedule for completion of the proposed research including a date by which you will submit a summary of the findings from your research.

H. PRESENTATION AND PUBLICATION PLAN: List conferences and journals where you plan to present and publish the research

I. IRB/ETHICS STATEMENT: If you have not yet received IRB/ethics approval from your institution, please describe how you plan to address the protection and ethical treatment of any human subjects in your research.

J. REGISTERED MENTAL HEALTH PROFESSIONALS Please provide the names of two registered mental health practitioners to whom you would refer subjects participating in your research if required.

SUPPORTING DOCUMENTS:

Attach Curricula Vitae/Resumes of all investigators. Include past research, academic writing, conference presentations, and publications (Limit 5 pages per investigator). If the grant is awarded, you will need to send us a letter of approval from the institution's Internal Review Board or Ethics Committee before funding can be transferred.

BUDGET GUIDELINES:

1. Research related expenses that can be covered by the grant include: Participant compensation, laboratory equipment purchases or rental of time-shared equipment, costs associated with the creation and reproduction of research materials including transcripts, translations, phone calls and faxes, as well as costs to the Annual Institute of Coaching Conference, for presenting the Harnisch grant funded research at the Research Sessions.
2. Coaching session costs and researcher assistance are reviewed on a case-by-case basis.
3. Non research related expenses which are not covered include: Salaries, literature reviews, secretarial compensation, professional development costs, tuition for

additional coursework, travel to other conferences, capital equipment expenditures (i.e. computers, tape recorders), repayment of loans or other personal obligations, gifts or gratuities.

4. Provide prices per unit, calculations for total price per line and total budget.

Budget Template

Project title			
Principal Investigator			
Project Expense	Number of units	Price per unit	Total cost for item
<i>Ex: Transcription of Interviews</i>	<i>10 interviews</i>	<i>\$100</i>	<i>\$1000</i>
TOTAL project costs			
TOTAL requested from IOC			