

The following **disruption-savvy qualities** have emerged in my observations and experience. Set up your own **navigation system** and have a great journey.

Disruption Savvy Leadership Qualities	Coping with Disruption Competence	How to Exercise	How to Stretch	Self-Assessment / Did you ...
Clarity	<i>Enforces and invigorates the thrust of moving towards a goal</i>	⇒ Understand what is important to you ⇒ Decide what is needed in the short and long-term	⇒ Articulate what you care about ⇒ Make it concise and communicate it succinctly	⇒ Validate understanding from others ⇒ Check-in on your time management
Focus	<i>Connects with purpose, bundles energy, creates drive, sets boundaries to distractions</i>	⇒ Have clear goals (What) ⇒ Be clear about the why (Purpose) ⇒ Set priorities (How) in alignment with your vision and values	⇒ Say no ⇒ Do only what is important ⇒ Have courageous conversations	⇒ Achieve your ends ⇒ Feel free and self-determined ⇒ Get trust and respect
Courage	<i>Enables authentic full engagement, provides mental and heart strength, makes it possible to overcome anxiety and fear</i>	⇒ Have courageous conversations with yourself and others ⇒ Act from inner strength and with backbone ⇒ Be pulled by your vision and guided by your values	⇒ Go on unbeaten new paths ⇒ Pioneer new ideas ⇒ Move against the current	⇒ Sense integrity with your guiding principles ⇒ Feel a sense of progress and achievement ⇒ Have emotional courage
Open-Mindedness	<i>Allows listening with all senses, gives freedom to surrender to what is, causes curiosity and mindfulness, facilitates partnering to co-create awesome solutions</i>	⇒ Invite input from others ⇒ Listen to contributions ⇒ Collaborate with others	⇒ Explore your unconscious biases ⇒ Integrate inputs and feedback	⇒ Gain new insights & learning ⇒ Improve quality of relationships and team spirit
Confidence	<i>Encourages trust in yourself with all your abilities and potential, gets you beyond obstacles, creates trust and resonance</i>	⇒ Breath – think – act ⇒ Make aware choices and grounded decisions ⇒ Be aware of your strengths and use them creatively	⇒ Stop to think before (re) acting ⇒ Allow solutions to emerge ⇒ Invite input from others	⇒ Act assertively in complex challenges ⇒ Feel inner piece ⇒ Feel motivated and engaged
Agility	<i>Facilitates responsiveness in face of strain, gives the tenacity to adapt and stay free from entrapment mentally and emotionally</i>	⇒ Clearly define your playing field ⇒ Recharge your batteries regularly ⇒ Make time to think	⇒ Anticipate your options and backups ⇒ Understand your stakeholders' opportunities ⇒ Leverage your relationship network ⇒ Connect with your own (emotional) truth	⇒ Seize opportunities in disruptions ⇒ Lead change ⇒ Re-invent parts of yourself ⇒ Be your best self in adverse circumstances ⇒ Take smart decisions under pressure

Simplicity	<i>Makes things clear and manageable, inspires others, creates freedom, emanates beauty</i>	⇒ Apply your courage to leave out what is not important	⇒ Communicate concisely	⇒ Use your intuition and inner knowing when reflecting
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