



WHITNEY JOHNSON
CEO OF WLJ ADVISORS,
BESTSELLING AUTHOR



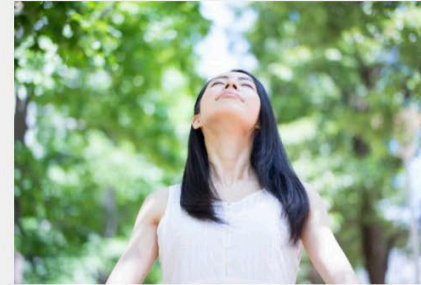
CAROL KAUFFMAN
FOUNDER OF INSTITUTE OF
COACHING



Resilience in the Face of COVID-19

We created resources to help to support mental health and increase resilience during these uncertain times.

LEARN MORE



Breathing Through a Pandemic



The Science of Effective Coaching



MasterClass: Resilience

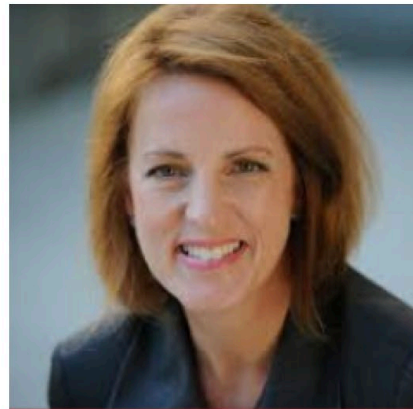


Holding Our Ground



Webinar: We've Been Disrupted, Now What?

A Conversation with Whitney Johnson and Carol Kauffman

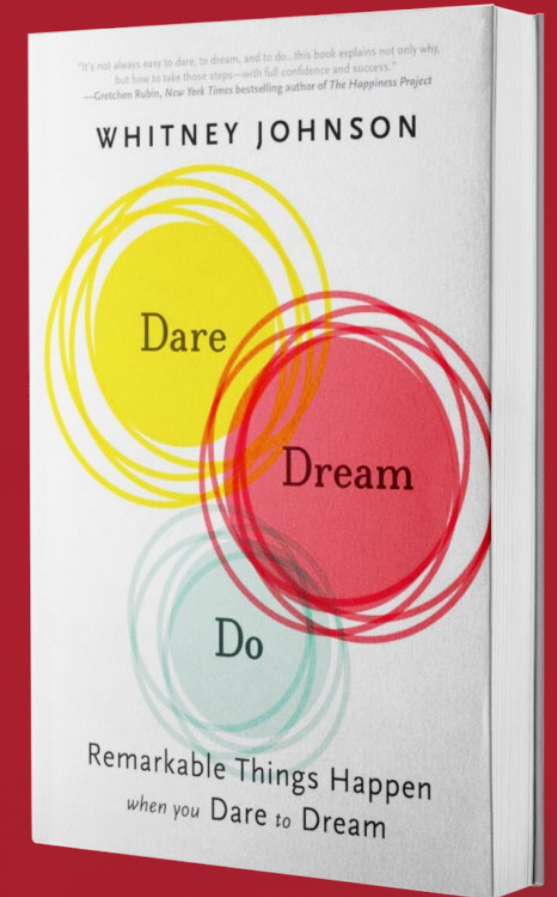
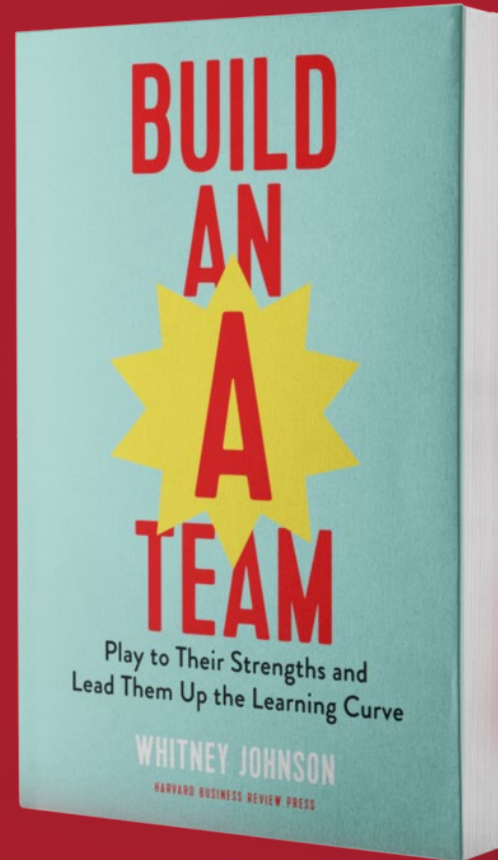
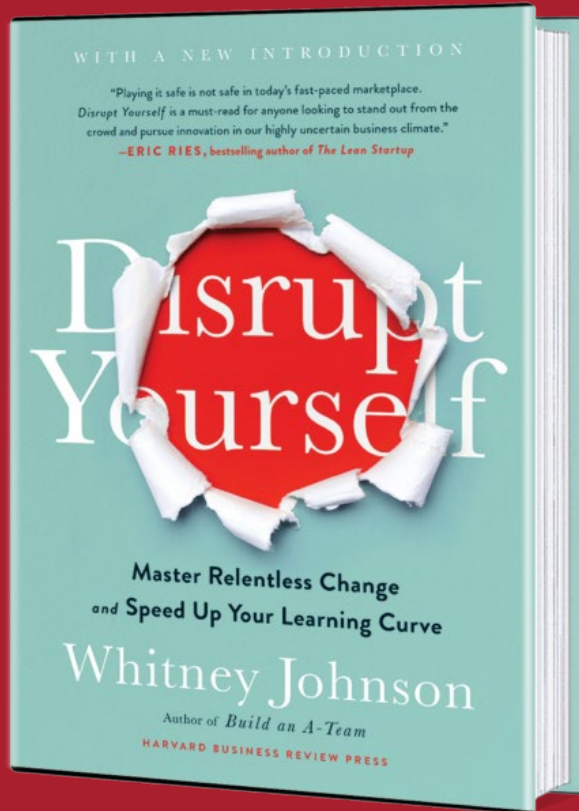


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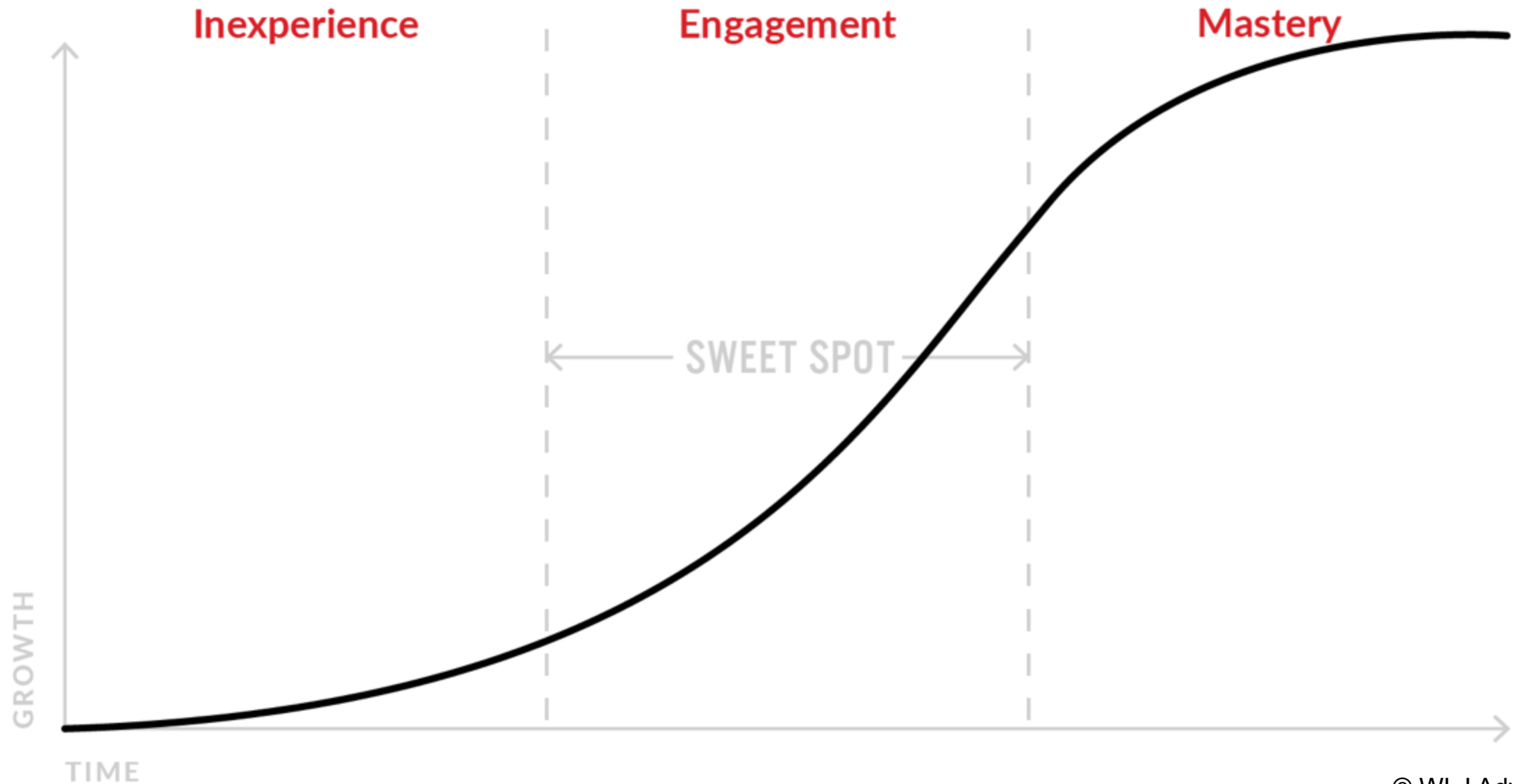


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Whitney Johnson's Books



S CURVE OF LEARNING FRAMEWORK™



Personal Disruption Framework™

1. Take the right risks
2. Play to your distinctive strengths
3. Embrace constraints
4. Battle entitlement
5. Step back to grow
6. Give failure its due
7. Be discovery driven

